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Everything looks blooming marvellous at this time of year. I hope you are enjoying the longer days and getting out and about in the sunshine; soak up that vitamin D! It is a first for us to be promoting Christmas in June, but our friends at the Keighley & Worth Valley Railway are keen to get in front of the seasonal demand. As a local resident, this is your 'heads up' to book your tickets in advance to avoid disappointment. (See p17) But getting back to summer...

This month we are looking forward to the Beatles versus the Beachboys 60s Party Night in Bingley! (see the back cover) Be sure to look at the community pages for a host of other happening.

Have you made your holiday plans? Do you dream of owning a VW camper van? Now's your chance to make that dream a reality. (See p9) Happy IUNE to you! ~ Liz













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In 1992, Al Health & Mobility began its journey in a humble garage in Haworth, under the guidance of current MD Simon Harrison. Initially, the focus was on selling reconditioned stairlifts to the local community. Word of their commitment to quality workmanship led to nationwide recognition within the lift industry in the UK. By 1993 the business had outgrown its garage origins and moved to a larger unit in Mantra House, Keighley. For the next 18 years Al Stairlifts operated from this location before relocating to its current site on South Street, Keighley in 2011. This strategic move allowed for expansion into a wider range of mobility products, operating under the name Easyhome Mobility. As demand soared additional space was required. In 2015 two units in Marley Mills were leased to accommodate the continued growth leading to the establishment of Al Stairlift Services Ltd, which now stocks a large selection of new and refurbished Stairlifts with over 20 Staff. Easyhome Mobility changed its name to Al Health & Mobility expanding further to incorporate online storefronts at www. alhealth&mobility.co.uk. During this time we revamped our Logos and Colour Scheme creating the A1 Lift & Mobility Group.

When the challenges of the COVID-19 pandemic emerged in 2020, AI Lift & Mobility

Group launched the A1 Health Suite, featuring purpose-built clinics for Podiatry and Ear Wax Removal, contributing to local well-being. Expanding further in the same year an additional unit was taken at Marley Mills to accommodate the new Lift Showroom. A1 Access Lifts was introduced offering platform lifts and wheelchair incline lifts for residential and commercial properties, with the only fully operational showroom in the North of England. At A1 Lift & Mobility Group, our commitment extends beyond sales with over 100 years of combined product knowledge. Our team prioritises personalised service and expertise. We offer comprehensive aftersales support, including a 24-hour emergency response line, servicing, repairs, and extended warranties, underscores our dedication to ensuring independence and satisfaction for our valued customers.

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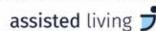


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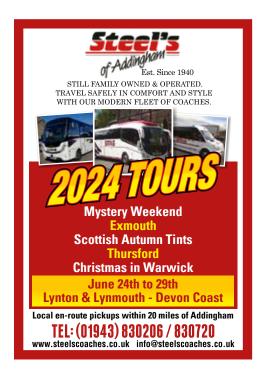




Keighley, Ilkley and the surrounding areas

For help or advice please contact: Office of Robbie Moore MP Shan House, 80-86 North Street Keighley, BD21 3AG 01535 600538

robbie.moore.mp@parliament.uk Surgeries by appointment only



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van has given me countless unforgettable experiences with friends and family, from the serene landscapes of the Lake District to the rugged beauty of the Scottish Highlands and the charming coastal towns of Northumberland. Whether sharing picnics on Penistone Hill or embarking on solo adventures, it has been one fab trip after another.

I'm gutted to sell it, but I need to move on. I'm offering you the opportunity to make your own travel dreams come true as the next owner. Ready to transform and enhance your days with the joys of van life? Contact me if you are earnestly seeking a camper. This one is a beaut. I've looked after her and have had no trouble whatsoever. Don't miss out on this chance to enrich your travels.

Text or call me. ~ Liz 07737 274221

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Did you sing in a choir at school or College? Have you always fancied singing in a big group? Well, now's your chance. **Skipton Choral Society** is planning some free summer music workshops in June and July for anyone who's interested. They'll run on **Monday** evenings in Christ Church, Skipton, from 7.00pm. Each workshop will be different: Sacred choruses on 3rd lune (Bach, Fauré and Haydn), Will Todd Passion Music on 10th lune and **OUP Encores for** Choirs on lune 17th (Name that Tune,

Londonderry Air and Tequila Samba). June 24th and July 1st will focus on parts of Brahms' Requiem (singing in English) and culminate in an informal recital with extra pianist and soloists. Come to them all or just pick the ones you fancy - there's something for everyone. We'll be serving refreshments after the workshops, too. It's a fantastic opportunity to come and dip a toe into singing some fabulous music with a friendly group of people in a great venue - and all for free! We all know now how singing together is really good for mental wellbeing - and this is a pretty stress-free way of enjoying yourself! Whether you sang in a choir a long time ago and enjoyed it, or you've never sung in a choir and you fancy a go, you'll be very welcome! Ít would be helpful if you could let us know when you plan to come - email

know when you plan to come - email membership@skiptonchoralsociety. com - but if you just want to turn up on the day, that's fine too! We're really looking forward to meeting you and singing with you.

To advertise call Joanne or Liz on 01535 642227

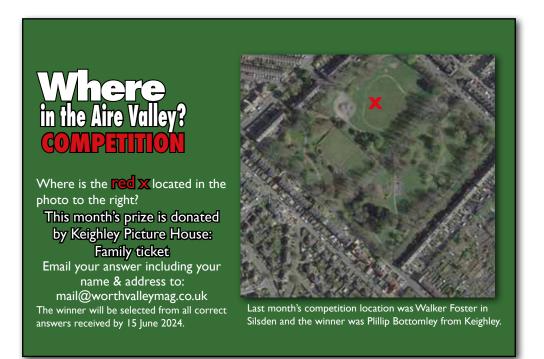
Sudoku

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the one hand, we are looking forward to the increase in services during the week starting some sunny summer weather before we in June as we get ready for our "summer running" when we operate on a Wednesday and Thursday as well as the weekends, then all week starting on 22nd July. It's great to So, back to the here and now, there's plenty see the Railway come alive on weekdays as well as weekends as we carry thousands of visitors to the Valley, as well as many of our more local neighbours making the most of their Local Resident's Railcards (see the website for details on how to obtain yours if you live in BD20, 21 or 22).

snow, holly and a bit of ivy... as we have now bowed to pressure from our regular on sale. Our Elf services run on weekends during December as well as 23/24 November. and the days in the run up to Christmas Eve, and we give our passengers a chance to meet Santa and his helpers, which, for many of us, marks the start of the Christmas festivities. Like many, it's a regular festive Stroh rather than Santa on this occasion) has totted up that she has been travelling on the Railway's Christmas services for around four decades, first as a helper when she was a Brownie, and then bringing the children and now grandchildren every year since. Tickets for certain dates always sell out quickly, so please visit the website if you want to travel on a particular date or time.

This is a strange month for the Railway. On I promise I'll try not to mention Christmas again until we have had a chance to enjoy have to think about winter wonderlands and snow-covered views from the train windows...

to report. Network Rail continues their refurbishment work at Keighley Station, and our new visitor centre at the Water Tower is nearing completion - more details on the grand opening to follow in due course. However, the focus of our civil engineering volunteers' focus is now on replacing the On the other hand, it's time to talk about bridge that takes the main line over the river just outside the Haworth locomotive yard. You may have seen the preparatory passengers and put the Elf Explorer tickets work at the site, which has involved lifting and replacing the track several times to permit work during the week and trains to run each weekend. It is a very impressive and meticulously planned operation and is a testament to the skill and ingenuity of our highly qualified volunteers that we are in a position to undertake our most significant tradition in our household, and Mrs S (that's and ambitious civil engineering project since the line reopened in 1968. You can see details of the progress they are making and the scale of the work to come on our social media feeds.

~ Matt Stroh

Keighley & Worth Valley Railway Chairman





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Who are we?

Our Keighley
Denture Expert is
Matthew Varley
(Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

How can we help you?

Technology has moved on massively over the last few tears as far as dentures are concerned. The fact is, you don't have to suffer badly designed or ill fitting dentures anymore.

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake.

Matt creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face.

He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

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One of our lovely transformation cases. Patient LS struggled for years. Aesthetics were compromised along with facial support looking very strained. With our Diamond range of dentures, aesthetics were restored with full facial support in the correct position.

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BEHIND THE SCENES AT THE MUSEUM



It feels like the world has burst into life in Haworth! lune's the month for colour, fresh summer scents, and bird song - and here at the Brontë Parsonage we're embracing the change with a few green initiatives... You might have noticed a patch of land on Church Street, next to the Old School Room. At first glance, it's overgrown and unkempt - but believe us when we say it's deliberate!

Leaving an area to grow as it likes creates a haven for wildlife, encouraging flowers to bloom and long grasses to grow. These habitats are a safe spot for beetles and birds – not to mention pollinators, like bees and butterflies. In fact, creating a wilderness corner has been shown to increase butterfly

numbers by up to 93%, attracting a wider range of species at the same time. The Brontës were heavily inspired by the natural world around them – and especially by the local landscapes we know and love today. It wasn't just stormy moorland scenes that made their way into the sisters' writing either; a deep appreciation and knowledge of animals, plants, and landscapes alike is clear throughout their work. We're planning on giving our corner of wilderness a helping hand this summer, making sure the flowers there can thrive. Watch out for a path and perhaps a bench too - a spot for anyone to sit and enjoy the wildlife buzzing and blooming. Speaking of planting, our gardening volunteer team has been hard at work in the Parsonage Garden and we're excited to be using our own compost. This is great news for two reasons - first, because we're helping to stop compostable food and garden waste going to landfill, and second, because we're not relying on shop-bought compost which comes in difficult-to-recycle plastic bags.

The gardening team has also installed a second water butt, made from a reclaimed wooden barrel. It's another win for sustainability - and a nod to gardening practices used when the Brontës lived here in the 1800s. We think the sisters would approve!

Visit the Museum every day of the week this summer, except Tuesdays. Local rates are £7.50, children are free, and once you've bought a ticket you can come again for 12 months at no extra cost. Head to bronte.co.uk/visit-us to find out more.

STITCHING WORKSHOPS

Join us twice a month for informal, friendly, and free stitching workshops at the Brontë Parsonage Museum...

...everyone welcome!

Upcoming workshops: Thursday 6 and 20 June, 10am - 12pm

For questions, email diane.fare@bronte.org.uk



Brontë Parsonage

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COMMUNITY PAGES

Every Monday 7 -9 pm Andy's Man Club Project 6, Devonshire Street, Keighley

Mondays I - 3pm Keighley Tea
Dance at the Civic Hall
Every Wednesday Dementia
Glusburn and Crosshills WI meet at
7.30 pm on the first Tuesday of the
month at Glusburn Community &
Arts Centre. A friendly group for local

Sutton in Craven WI meet 1.30pm every second Monday of the month Sutton in Craven Cricket Pavilion all local ladies welcome. See us on Facebook.

women.

Wellbeing Café at Glusburn Institute Every Monday 10 am to 12 noon. . Contact 01535 630223 for more details.

First Tuesday of a month Silsden Bereavement Group 10.30 am

- 12.30pm at Silsden Methodist

Church Safe and welcoming space to share your journey free to attend.

Last Tuesday of a month is

Afternoon Coffee, chat & cake at

Steeton Methodist Church 2.30pm

- **4pm** with The Salvation Army food bank collection point. Also Steeton Pharmacy will be there holding a wellness check including blood pressure and diabetes checks.

First Tuesday of a month **Crosshills Goldies Sing & Smile** – St Peters
Methodist Church 2 -3pm singalong to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.

Games Club Every Tuesday 1:30 - 3:30 pm. at Glusburn Institute. £2.50 per session.

Every Tuesday Rethinking Pain at The Hive, Elliott Street. Silsden 3pm -4pm A Group for people living in pain. Silsden Singers Community Choir

Every Tuesday 7pm – 8.30pm at The Hive, 53 – 55 Elliot Street, Silsden. £5 per session, term times. For more information contact Janet Russell on 07941340261 www. silsdensingers.co.uk

Third Tuesday of a month at Steeton Methodist Church 2-3pm

Goldies Sing & Smile – sing-along to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.

Steeton Bobbins WI 7pm meet on the **first Tuesday of a month** at St Stephen's Church Hall

Every Weds Glusburn Lunch club at 11.45am Glusburn Institute

for a two course, home cooked meal, for £5.00 and company. If you are a pensioner and interested, please contact Pauline on 07436113748

Every Weds I - 2.30pm Ladies

Dance Exercise, Civic Centre, Keighley.

Meet new friends/Socialise & Keep Fit

First Wednesday of a month

2 - 2.45pm It's Story Time atSilsden Community Library for under fives.

Silsden Methodist Church Thursday
Club 2.30pm - 4pm weekly Music, Games,
Quizes, friendly chatter & refreshments.
Every Thurs at 12.00 - 2.30pm
Craven Craft and Mosaic Social
Group at Sutton Sutton Cricket
Club (wheelchair access is good and there

is plenty of parking space). The cost is £2 and covers two cuppas and biscuits and we usually put the world to right and have lots of laughs as we draw, sew, knit, crochet.

Coffee morning every Saturday morning from 9.30am at the Village Centre, Crosshills. Everyone welcome for a drink & a chat.

Sunday Club at St Stephen's Church, Steeton, at 10.00am every second and fourth Sunday.

First Tuesday of each month Walk & Wheel Group 1.30pm meeting at Keighley Leisure Centre outside the main entrance. The session will last approx 60 mins and will be at a relaxing pace.

Sun 2nd, 23rd & 30th June 2pm - 4pm Music at the Museum Cliffe

Castle Keighley Come and enjoy traditional music from a large mix of bands in the beautiful and relaxed surroundings of Cliffe Castle Park.

Thurs 6th, 20th June & 4th July
10am - 12 FREE Stitching Workshop
at The Bronte Parsonage Museum

Fri 7th & 21st June Iam - 2.30pm
Wellbeing Advice Cafe at The Hive

Silsden, Elliott Street. Open to all.

Sat 8th June 12 - 5pm The Hive in

Silsden is Five Fun Day for all the family.

Sat 8th June Skipton Gala

Procession at Ipm.

Sat 8t & Sun 9th June 10 am - 4pm Haworth & Yorkshire Creative Makers Market, Workshop & Tarot at Old School Room, Haworth Sat 15th June 9.30am - 12 pmSilsden Energy Helpdesk & Repair Cafe at Silsden Methodist. **Sat 15th June 10am - 8pm Kildwick & Farnhill Gala** with refreshments, Stalls, Fun Activities, Churtch Tours & Art Exhibition.

Sun 16th June @ 12noon
Sutton Village Committee Funday
in Sutton Park Funfair, Charity & Craft
Stalls, Owls, Street Food Entertainment
Arena, Cakes, Hot & Cold Drinks in the
Marquees. Cash Donations on the gates
towards Funday and the Christmas Lights
Enquiries 07841011890

Sun 16th June Sue Ryder
Manorlands Paint Rush a family fun
day with music, food and a bar, as well as
a a merchandise store, so make a day of it
and stay through the afternoon. Along the
5k route there will be seven paint stations
which will coat you in a different brightcoloured paint to turn you multi-coloured.

Sun 16th June 12.30pm - 5pm
Keighley & District Model
Engineering Society at Marley
Playing Fields, Keighley
Thurs 20th until Sun 23rd June
Diesel Gala on the Keighley &
Worth Valley Railway Along with
the two home fleet Diesel Locomotives,
the railways collection of Yard Shunters &
Railbuses will be joining in the Gala action.
Sat 29th June 7 pm Refashioned
Threads at The Hive Silsden Relaxed
Social evening bring your loved pre-owned
clothes, shoes, bags & browse and swap.

£1 entry and Bar will be open to purchase

drinks.



This may seem an unusual way to cook and serve fish but it's actually quite common in Northern France and Belgium, I've eaten a similar dish of fish cooked in cider in Normandy.

I've used lemon sole here but most flat fish fillets such as brill, halibut, turbot or plaice can be substituted. A pale ale or pilsner style lager is best for this. I like to keep it local and use Timothy Taylors Landlord. It can be quite difficult sourcing good fresh fish in the Worth and Aire Valley area. I tend to go to the fish mongers on Albion Street on the outside of Halifax market which are very good but there is also a good fishmonger on the High Street in Ilkley. I like to serve this with boiled new potatoes and green beans. (Feeds 4)

Ingredients

100g unsalted butter

I medium onion, halved & thinly sliced

2 celery sticks, thinly sliced

500ml pale ale or lager

I bay leaf

I sprig each of fresh parsley & thyme

4 juniper berries, squished

4 lemon sole fillets, skinned if you prefer Sea salt and freshly ground black pepper

You need a wide and shallow stovetop pot for this recipe. You also need to have warmed serving dishes ready.

Warm your pot over a medium heat and chuck in half the butter. Lob in your onion and celery and cook gently until soft stirring occasionally.

Now pour in your beer, add the herbs and juniper berries, turn up the heat and bring

Gently lower in your fish fillets, in a single layer, don't worry if they overlap. Bring back to a simmer and poach gently for 4-5minutes, dependent on the thickness of your fish.

Using a fish slice, carefully remove the fish fillets onto your warmed plates and cover with foil.

Whack up the heat and reduce the volume of liquid in your pot by a good half. Add the remaining butter to the beer, stirring vigorously until it's dissolved to make a sauce. Season well with salt and pepper then strain into a jug before pouring over the fish.

~ Martin Lingard

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8	2	1	4	7	9	3	6	5
6	9	7	3	2	5	4	1	8
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7	8	5	1	4	2	9	3	6
2	3	4	7	9	6	5	8	1
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3	4	6	8	5	7	1	2	9
5	1	2	9	6	4	8	7	3
9	7	8	2	3	1	6	5	4

7	3	8	1	2	9	4	5	6
4	2	6	3	5	8	7	9	1
1	5	9	6	7	4	3	2	8
5	9	2	4	6	3	8	1	7
6	4	7	5	8	1	9	3	2
8	1	3	7	9	2	5	6	4
3	7	1	9	4	6	2	8	5
2	6	5	8	3	7	1	4	9
9	8	4	2	1	5	6	7	3



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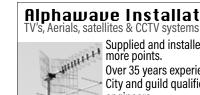


8	1	6	9	4	2	3	7	5
3	2	9	7	5	6	8	4	1
5	7	4	8	3	1	2	9	6
4	9	1	6	8	3	5	2	7
7	6	8	4	2	5	1	3	9
2	5	3	1	9	7	6	8	4
1	4	2	5	7	8	9	6	3
6	3	7	2	1	9	4	5	8
۵	0	5	2	6	4	7	1	2



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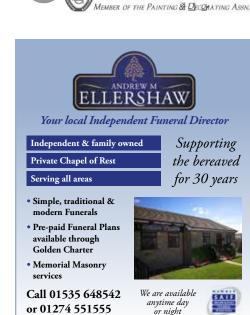
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These days most homeowners suffer from a lack of storage space. So many precious items that need to be kept - but where to store it all? That's where Yorkshire Loft Ladders come in. The company, based locally, offers homeowners the opportunity to maximise their storage space with a loft ladder, 50 sq ft of boarding and a light all fully fitted in less than a day from just £277 + VAT. But it's not just the affordability of the package the company offers that makes Yorkshire Loft Ladders stand out as manager Mark Hodson explains: 'Our watchwords are Quality,

Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesman so our customers are assured of the best job. Integrity in that we will tum up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge

amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every installation we carry out!'

So, if you want to make use of your loft space, however big or small, call Warren on 0800

612 8359 and he'll be happy to pop round and give you a no obligation quote so you too can make use of your loft.







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